Providing security for learning and development

Sammen på vei
Nurse-Family Partnership©

A child's brain can be compared to a light bulb (D. Siegel). To develop and learn, the brain must be switched on. It must be "plugged into the power supply". But before the child's brain can plug itself in, the child must experience a sense of peace and security. Children must feel secure before they can go off and explore.



In other words: Children must feel secure before they can learn.

How can you help your child to feel secure?

What could happen if your child does not feel secure?

Signs that your child feels secure:
Do they want to play?

Do they want to explore?

Who do they turn to for comfort?

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