Making your home safe

Sammen på vei
Nurse-Family Partnership©

How do you make your home safe for your child?
Cross off for Yes or No

Fire safety	Yes	No
Do you have fire alarms? Do they work?	○	○
Do you have a fire extinguisher? When was it last checked?	○	○
Do you have an evacuation plan in the event of a fire?	○	○
Do you have a freestanding heater?	○	○
Do you have a wood-burning stove or fireplace?	○	○

Drowning	Yes	No
Do you stay with your child while they are bathing?	○	○
Do you avoid leaving water standing in the bathtub or in buckets?	○	○

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How do you make your home safe for your child?
Cross off for Yes or No

Burns	Yes	No
Do you check that the temperature of the bathwater is suitable?	○	○
Are there matches or lighters within reach of your child?	○	○
Do you know how to treat a burn?	○	○

Falls	Yes	No
Do you have gates on all the stairs in your home?	○	○
Are the windows child-proofed?	○	○

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Product safety	Yes	No
Do you have the number of the Poisons Information Centre (*Giftinformasjonen*) on your phone?	○	○
Are the electrical sockets secured?	○	○
Do you store your medications safely?	○	○
Do you store cleaning fluids, etc., out of your child's reach?	○	○
Is your stove/oven child-proofed?	○	○
Do you check your child's toys?	○	○

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General	Yes	No
Do you know the phone numbers of the emergency services?	○	○
Do you know how to perform CPR?	○	○
Do you protect your child from choking hazards, like food and small objects?	○	○
Do you know what to do if your child is unable to breathe?	○	○
Do you have a first aid kit in your home?	○	○

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