When you are learning a new language, practice makes perfect! So, speak with other people who know the language, and listen to it being spoken

Tips for improving your Norwegian language skills:

1. Watch Norwegian TV shows, news bulletins and movies, without subtitles

While you are listening, note down any words you hear that you don’t understand, then look them up afterwards.

2. Read out loud

Practise reading and talking to yourself out loud. Keep practising your pronunciation. Remember, practice makes perfect! You often learn most from your mistakes. Practise sentences and repeat difficult words again and again. Loudly and clearly. Read out loud to your family, friends or other people you know.

3. Speak Norwegian

Make a conscious decision to speak Norwegian with the people you meet. Force yourself to speak Norwegian, even though it is difficult and you struggle to find the right words.

4. Learn new words

Print out lists of new words and hang them by your bed, on the fridge door, in the bathroom and other places where they can easily be seen. This makes it easier to practise regularly every time you go past.

5. Take classes

Several different voluntary organisations offer Norwegian classes free of charge. Take a look at your municipal council's website.



What do you think will work for you?

Do you have any other ideas?

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