Succeeding – resources

Sammen på vei
Nurse-Family Partnership©

Personal healthcare

(Your and your baby's health during pregnancy, e.g. diet, exercise, relaxation, self-care)

What I feel I can manage:

What my family nurse thinks I can manage:



What I would like to do better:

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The baby and your role as parent

(Practical and mental preparation and feelings about becoming a mother. Thoughts about taking on a new role)

What I feel I can manage:

What my family nurse thinks I can manage:



What I would like to do better:

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Succeeding – resources

Current situation

(School and work situation, housing situation and personal finances)

What I feel I can manage:

What my family nurse thinks I can manage:



What I would like to do better:

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Family and network

(Partner, friends, family, culture and religion/faith)

What I feel I can manage:

What my family nurse thinks I can manage:



What I would like to do better:

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Collaboration with other services

(Collaboration with relevant services)

What I feel I can manage:

What my family nurse thinks I can manage:



What I would like to do better:

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