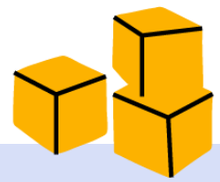
# Suggested activities 0 - 1 year

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Some toys are good for babies. Other toys are better for older children. How do you know which toys are suitable for your baby?



| Age | Babies like ... | Nice toys for this age group ... |
|---|---|---|
| 0–3 months | • Faces<br>• Patterns with bold contrasts<br>• Soft music<br>• Slow movements | • Study the caregivers face close by (30 cm)<br>• Soft rattle<br>• Stuffed animals<br>• Cuddly cloth |
| 3-6 months | • Playing with their hands<br>• Chewing things<br>• Vibrant colours<br>• Looking around | • Rattles<br>• Toys to hold onto<br>• Soft toys<br>• Rubber toys that squeak<br>• Books with thick cardboard pages<br>• Colourful teething rings |

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# Suggested activities 0 - 1 year

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Some toys are good for babies. Other toys are better for older children. How do you know which toys are suitable for your baby?



| Age | Babies like ... | Nice toys for this age group ... |
|---|---|---|
| 6-9 months | • Shaking things<br>• Hitting things<br>• Moving around<br>• Grabbing things<br>• Buttons and levers | • Activity toys (with buttons to press, wheels to turn, switches to move, etc.)<br>• Soft toys (dolls or animals)<br>• Balls<br>• Stacking bricks<br>• Pull-along toys<br>• Books with thick cardboard pages |
| 9-12 months | • Moving around<br>• Exploring<br>• Make-believe toys<br>• Grabbing things<br>• Sorting things | • Baby walkers<br>• Sorting toys<br>• Balls<br>• Play phones<br>• Books with thick cardboard pages<br>• Lift-the-flap books and books with different textures<br>• Stacking bricks<br>• Bucket and spade |

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